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GENERAL

The purpose of the “ISF Athletics Technical Rules and Regulations” is to provide standardised rules and regulations for Athletics competitions. This document is set up in accordance with the ISF Statutes, the ISF Sport Policy and the ISF General Competition Regulations.

This document is intended to ensure that all matters related to competitions are conducted in a fair and orderly manner. The specific objectives of this document are to:

1. Define and specify the general conditions under which participants can take part in the ISF Athletics events;
2. Determine the delegation composition;
3. Determine the sport program;
4. Determine the technical rules;
5. Set the draw procedure;
6. Set protests and appeals procedure.

1. GENERAL CONDITIONS

The competition will be run according to the ISF rules and regulations and World Athletics technical rules under the direction of the ISF Technical Commission of athletics. Any decisions over matters not mentioned in the present document will be taken by the ISF Technical Commission.

- The ISF athletic competition is individual event. Specific sports formats shall be described in the event bulletins.
- The competition is categorised as: boy categories, and girl categories.
- The composition of each delegation and number individuals that each ISF Athletics event is accepting will be defined for each event accordingly.
- The competition is held over of four (4) days for any event type

AGE CATEGORY

- For the U18 category, students born in 2004, 2005, 2006 can participate.
2. DELEGATION COMPOSITION

- Athletes
- Team officials
  - Coach

ATHLETES

- Athletes must be students attending schools that provide general education.
- Athletes must be enrolled as full-time students at a school in the country which they represent.

TEAM OFFICIALS

Coaches

- The presence of a coach is mandatory.
- Teams or individuals cannot participate in the competition without the presence of a coach.
- The maximum number of coaches is determined by the number of athletes.
- Each delegation shall enter a minimum of one (1) coach per team.
3. SPORT PROGRAM

U18 Category

BOYS

- 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m
- 110 m Hurdles (91.4 cm), 400 m Hurdles (84cm), 2000 m Steeplechase (84cm)
- High Jump, Long Jump, Triple Jump, Pole Vault
- Shot Put (5kg), Discus (1.5 kg), Javelin (700g), Hammer (5kg)
- 4x100 Relay, Medley Relays (100/200/300/400m) and (200/400/600/800m)

GIRLS

- 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m
- 100 m Hurdles (76.2 cm), 400 m Hurdles (76.2 cm), 2000 m Steeplechase (76.2 cm)
- High Jump, Long Jump, Triple Jump, Pole Vault
- Shot Put (3kg), Discus (1kg), Javelin (500g), Hammer (3kg)
- 4x100 Relay, Medley Relays (100/200/300/400m) and (200/400/600/800m)

The exact sport program will be set after final registration.
ENTRIES PER EVENT
* Each country may enter 2 competitors in each event and 1 team in each relay.
* Each athlete may compete in 2 events plus 1 relay, or 1 event plus 2 relays.

4. TECHNICAL RULES
SYSTEM OF PLAY
100m, 200m, 100m Hurdles: 1st Round – Semi Final – Final
300m Hurdles, 400m, Relays: 1st Round – Final
Track events over 400m: Straight Final (in heats when necessary)
Field events: Qualification Round – Final (Straight Final if less than 16 competitors)

5. SPECIFIC RULES
• Each athlete is allowed to have 1 false start in track events (also the first leg in medley relay).
  A second false start by the same competitor will result in disqualification.
• Four (4) attempts will be allowed for the throws, the long jump and the triple-jump.

IDENTIFICATION OF COMPETITORS
• Starting numbers shall be prepared by Local organizing committee. They can be given to coaches at
  the Technical Meeting (preferably) or distributed in the Call-Room (on production of an ID card of
  each athlete).

6. PROTESTS AND APPEALS

Appeals involving results or any matter not concerning discipline will be heard by the Jury of Appeal. The appeal
must be lodged within 30 minutes of the incident and be submitted in English. The payment of 50€ must
accompany the appeal and is to be paid to LOC in cash. This payment will be refunded only if the appeal is upheld or
at the discretion of the Jury Appeal. In the case of an unsuccessful appeal, the payment will be retained by the ISF.