

# PARA ATHLETICS TECHNICAL RULES AND REGULATIONS

ISF GYMNASIADE NORMANDY 2022





# Gymnasiade Normandy 2022

## Para athletics rules

### Schedule and location

The competition will be held from 16th, 17th, 19th and 20th May.  
At the same time and on the same sports facilities as the valid events.

⇒ Héлитas Stadium in Caen

### AGE CATEGORY

- For the U18 category, students born in 2004, 2005, 2006 can participate.

### Delegation

In para swimming, each school sport entity can enter a maximum number of **28** participants:

- 12 athletes;
- 4 coaches;
- 12 other team officials\*

Divided as follows:

*Coaches division:*

- from 1 to 3 athletes = 1 coach
- from 4 to 6 athletes = 2 coaches
- from 7 to 9 athletes = 3 coaches
- from 10 to 12 athletes = 4 coaches

\*Other team officials (**only relevant for vision impaired athletes**): one (1) other team official (guide) for each visual impaired athlete.



## Para athletes classification (born in 2004 – 2005 – 2006)

- **Intellectual impairments** : class II 1 (ii1)
  - **Classification documents to be provided** :  
National medical diagnostic document  
or VIRTUS certification  
For eligibility guidance : [Virtus guide](#)
  
- **Physical impairments** :
  - Impaired muscle power
  - Impaired passive range of motion
  - Ataxia
  - Athetosis
  - Hypertonia
  - Leg length difference
  - Limb deficiency/loss
  - Short stature
  - **Classification documents to be provided** :  
Medical diagnostic form  
or National medical diagnostic document
  
- **Visual impairments** : less than 1/10th to the best eye after correction (two categories: total blind on one side and visually impaired on the other)
  - **Classification documents to be provided** :  
[Medical diagnostic form](#)  
or National medical diagnostic document  
For eligibility guidance : [Lexi global guide](#)

**For sending documents or any questions** : [pararegistrations@unss.org](mailto:pararegistrations@unss.org)



## The competition formula

One para athlete can register for 1, 2 or 3 events

Separate Girls and Boys Podiums

Depending on the representativeness and the number of athletes, thoughts on:

- 1 podium per event
- 1 single podium for :
  - o the best races (to the point)
  - o the best throws (on point)
  - o the best jumps (to the point)
- 1 single podium in all events

→ **The rating table includes all the handicaps that can be entered in the competition.**

**9 events offered :**

1. 100 m (track)
2. 400 m (track)
3. 1500 m (track)
4. 3000 m (track)
5. Shot put (field)
6. Javelin throw (field)
7. Discus throw (field)
8. Club (hammer) throw (field)
9. Long jump (field)

## Para-athletics specific regulations

Link to the WPA regulation : [Athletics Rules and Regulations | World Para Athletics \(paralympic.org\)](https://www.paralympic.org/athletics-rules-and-regulations)

## Rating table

Link to the World Para Athletics Point Scores :  
[Technical Information \(paralympic.org\)](https://www.paralympic.org/technical-information)



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