

PARA JUDO
TECHNICAL RULES
AND REGULATIONS
ISF GYMNASIADE NORMANDY 2022





Gymnasiade Normandy 2022

Para judo rules

Schedule and location

The competition will be held on 17th May with 18th May as day off.

At the same time and on the same sports facilities as the valid events. At the same time and on the same sports facilities as the valid events.

⇒ Leo Lagrange Gymnasium in **Val-de-Rueil**

AGE CATEGORY

- For the U18 category, students born in 2004, 2005, 2006 can participate.

Delegation

Boys

1. -60 kg
2. -73 kg
3. +73 kg

Girls

1. -57 kg
2. +57 kg

Age Category: 2004 -
2005-2006

In para judo, each school sport entity can enter a maximum number of **10** participants:

- 6 athletes;
- 1 coach;
- 3 other team officials*

Divided as follows:

Coaches division:

- from 1 to 6 athletes = 1 coach

Other team officials division:

- from 1 to 1 athletes = 1 other team official
- from 2 to 2 athletes = 2 other team officials
- from 3 to 6 athletes = 3 other team officials



Para judoka classification (born in 2004 – 2005 – 2006)

- **Visial impairments :**
 - B1
 - B2
 - B3
- **Deaf impairments :**

Deaf, defined as a hearing loss of at least 55dB pure tone average (PTA) in the better ear (three-tone pure tone average at 500, 1000 and 2000 Hertz, air conduction, ISO 1969 Standard)

- **Classification documents to be provided :**

- Visual : [medical diagnostic form](#)
or National medical diagnostic document

- Deaf : [audiogram](#)
or National medical diagnostic document

For eligibility guidance: [Lexi global guide](#)

For sending documents or any questions : pararegistrations@unss.org

The competition formula

Tables or groups according to the number of fighters
If the number is not representative, possibility of including them in the valid delegation.
In this case, the parajudokas will follow the IJF weight categories

- only the arbitration regulations will be adapted.

The para judoka registers within his weight category.

Boys	Girls
-60 kg	-57 kg
-73 kg	+57 kg
+73 kg	

Specific Parajudo Rules

Excerpt from document [IBSA JUDO REGULATIONS \(IJR\)](#)

3. ESCORT AND BOWING PROCEDURE

The bowing and escorting protocol is formal and precise.

These procedures are for adjudicating an IBSA Judo contest utilizing a single Center Referee, and two judges at mat-side on the table care system.

Escorting Position

Every J1 athlete in an IBSA Judo contest is escorted to and from the tatami by escorts from the organizing committee, or their coach.

Going onto the mat

At the beginning of a contest, the Center Referee goes to the mat entry point of the athletes on the respective side of the competition area opposite the Joseki. The Center Referee should be at the edge of the tatami, between the location where the two athletes are brought, and centered in the contest area.

The escorts will bring their players to the side of the tatami, opposite the Joseki, and side by side within one meter of each another. Each athlete should be placed by his/her escort proximal to the Center Referee's side, where the Center Referee will acquire the arms of both athletes simultaneously.

It is helpful if the escorts alert the Center Referee as to whether the athletes, they are escorting have a red circle (indicating B-1 status) or a yellow circle (indicating deaf status).

When the two athletes are presented by their personal escorts, or coach, the Center Referee takes the arms of both athletes to be escorted, simultaneously, while on the outer side of the competition area.

The athlete steps onto the tatami, and bow with the center Referee. All three bow at the same time when they are in position, and the referee has ensured that the technical staff is ready for the match to start.

Whenever the Center Referee has appropriately secured the escort position, it is easy for the athletes to bow simultaneously with him/her. The Center Referee's arms are tucked firmly into their own side, and securely grasping the two athlete's hands, this position acts mechanically as power steering, to guide the athlete's actions.



Once bowing onto the tatami, the Center Referee will then escort the two athletes forward, simultaneously from the mat-side, to their respective bowing location within the center of the contest area. The Center Referee will turn the athletes to face one another, and turn him/her self, if necessary, to face Joseki.

The two athletes will be positioned one meter apart, facing each other, and the Center Referee will then position him or herself, facing Joseki, such that blue (Ao) is to their left arm, and white (Shiro) is to their right arm, as the visually impaired athlete's respective orientation on the tatami must be maintained for tactical and reference purposes.

Movement on the mat

The Center Referee will then instruct the players to bow with the verbal command to 'Rei', bring the players into proximity, and instruct them to take neutral grips in natural posture with the verbal command of "Kumi-kata". The Center Referee will then announce 'Hajime' to begin the contest, immediately when the players are positioned correctly. When competitive action is halted with 'Matte', the Center Referee must reacquire both players serially, the most visually impaired first, then escort both athletes, back to the center, simultaneously, with blue (Ao) on their left arm, and white (Shiro) on their right arm, reorienting the visually impaired athlete's to Joseki respectively.

The Center Referee must always start the action in the contest while facing Joseki, on the same side with respect to the athletes, with blue (Ao) standing to their left, and white (Shiro) standing to their right.

If an athlete has the yellow circle, indicating deaf status, the Center Referee escorting them must assist the bow at the beginning mutual 'Rei'. One hand is placed on the deaf athlete's stomach and the other on the upper back and shape the torso to assist the bow. At the conclusion of the bow, the Center Referee then immediately brings the players into proximity for Kumikata.

At the conclusion of the contest, the athletes are reoriented to one another in the center of the contest area, one meter apart. The Center Referee will then award the contest by indicated the winner using a straight arm and open palm, while simultaneously announcing the winner's Gi color blue (Ao) with their left arm, and white (Shiro) with their right arm, respectively.

Immediately after the decision has been rendered by the referee. The Center Referee gives the command to 'Rei'. If an athlete has the yellow circle, indicating deaf status, the Center Referee must assist the bow at the concluding Rei. Athletes are encouraged to congratulate each other, and may need gentle assistance to reach an offered hand for a shake.

Leaving the mat

The Center Referee must immediately approach, simultaneously re-acquire both athletes, on the correct arm, and guide them to their respective escorts waiting off the mat.

The athletes, once secured, are escorted by the Center Referee, walking forward to the



edge of the contest area, where again when both athletes are turned, the Center Referee turns in place, and the Center Referee and athletes bow simultaneously, facing the contest area.

At this point the athletes are returned to their coaches or personal escorts. The center referee exits the contest area, and exchanges with the next contest's Center Referee and judging team.

Respect must be given, and care must be taken not to do disrespectful things such as grabbing, pulling, shoving, or holding the athlete's arm or hand in an improper form. The correct position for escorting is to respectfully place your arm from the outside, **OVER** the athlete's arm, gently but firmly closing your hand around the athlete's fingertips, and using your bent elbow to create enough body contact for the athlete to be able to follow your bowing and movement cues.

All bows, commands, awards, penalties, and orders to begin the contest must be done with the Referee oriented to face Joseki, and the two players facing one another, also oriented respectively to Joseki, with white (Shiro) to the Referee's right, and blue (AO) to the Referee's left.

Please refer to the IBSA rules page 3 and page 6 to see the proper escort hold. Please be cautious when guiding the athlete, at the close of the contest, as it is more difficult to maneuver, maintain balance, and escort the visually impaired athlete when they are fatigued.

Regulation of the J2 athletes

All rulers are the same as above, but there is no need to use an escort or assistant by the referee on the mat for J2 athletes.



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