

PARA SWIMMING TECHNICAL RULES AND REGULATIONS

ISF GYMNASIADE NORMANDY 2022





Schedule and location

The competition will be held from 17th, 19th and 20th May.

At the same time and on the same sports facilities as the valid events. At the same time and on the same sports facilities as the valid events.

⇒ Eugène Maës Nautical Stadium in **Caen**

AGE CATEGORY

- 7 y

Delegation

In para swimming, each school sport entity can enter a maximum number of **28** participants:

- 12 athletes;
- 4 coaches;
- 12 other team officials*

Divided as follows:

Coaches division:

- from 1 to 3 athletes = 1 coach
- from 4 to 6 athletes = 2 coaches
- from 7 to 9 athletes = 3 coaches
- from 10 to 12 athletes = 4 coaches

*Other team officials (**only relevant for vision impaired athletes**): one (1) other team official (guide) for each visual impaired athlete.



Para swimmer classification (born in 2004 – 2005 – 2006)

- **Intellectual impairments** : class II 1 (ii1)
 - **Classification documents to be provided** :
National medical diagnostic document
or VIRTUS certification
For eligibility guidance : [Virtus guide](#)

- **Physical impairments** :
 - Impaired muscle power
 - Impaired passive range of motion
 - Ataxia
 - Athetosis
 - Hypertonia
 - Leg length difference
 - Limb deficiency/loss
 - Short stature
 - **Classification documents to be provided** :
[medical diagnostic form](#)
or National medical diagnostic document

- **Visual impairments** : less than 1/10th to the best eye after correction (two categories:
total blind on one side and visually impaired on the other)
 - **Classification documents to be provided** :
[Medical diagnostic form](#)
or National medical diagnostic document
For eligibility guidance : [Lexi global guide](#)

For sending documents or any questions : pararegistrations@unss.org



The competition formula

One para swimmer can register for 1, 2 or 3 events

To provide more content to this Para-swimming competition, heats can be swum inclusively with able-bodied swimmers, then a single final per race.

This choice can be made according to the swimming program, and adapted if necessary.

Separate Girls and Boys Podiums

Depending on the representativeness and number of para-swimmers (depending on registrations)

- 1 podium per race

Where

- 1 single podium for the 3 best races (to the point).

→ The rating table includes all the handicaps that can be entered in the competition.

6 races offered:

50m breaststroke

50m butterfly

50m backstroke

50m freestyle

200m freestyle

200m medley

Spécific para natation rules

[IPC rules](#)

Rating table

IPC 2018

[Description and basic procedure](#)

[World Para Swimming Point Scores 2018 – Long Course Events](#)



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